

Safe glove removal

- Practise safe glove removal before you start deliveries
- Use any old gloves and don't waste your disposables on practice!
 1. Peel off one glove so that it turns inside out
 2. Scrunch it up in your gloved hand
 3. Slide two fingertips under the cuff of the second glove
 4. Carefully pull the glove OVER the one you are holding, so that it turns inside out and completely encloses the scrunched glove
 5. Dispose of gloves safely
 6. When done correctly, you will only ever touch the glove on the side that was already in contact with your skin.
 7. Video: <https://www.youtube.com/watch?v=S4gyNAsPCbU>

Safe payment collection

- Practise picking up an envelope with a bag over your gloved hand before you start deliveries
 1. Invert your payment collection bag over your hand to form an outer glove,
 2. Pick up the payment envelope with the bag
 3. Pull the bag handles back over the envelope to contain it
 4. Tie the handles
 5. If doing several deliveries and collections at one time, you can use the same collection bag
 6. Store collection bags in a safe place at home and **DO NOT OPEN THEM** to retrieve the payment for **72 hours** (3 days)

Key contacts

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